

# JANUARY SOUP MENU

ALL OF OUR CO-OP MADE SOUPS ARE MADE FROM SCRATCH USING OUR FROM-SCRATCH STOCK, FRESH ORGANIC OR ALL-NATURAL INGREDIENTS.

YOU'LL TASTE THE DIFFERENCE!

- 01 | PERUVIAN QUINOA | V & WF
- 02 | CHICKEN WILD RICE | WF
- 03 | GOLDEN SPLIT PEA | V & WF
- 04 | INDIAN VEGETABLE | WF
- 05 | CHEF'S CHOICE
- 06 | GINGER CHICKEN NOODLE
- 07 | SPINACH LENTIL | V
- 08 | CHICKEN MULLIGATAWNY
- 09 | PUMPKIN MINISTRONE | V
- 10 | BROCCOLI CHEDDAR CHEESE | WF
- 11 | MUSHROOM MISO SOUP | V & WF
- 12 | CHEF'S CHOICE
- 13 | GINGER CHICKEN NOODLE
- 14 | CREAMY TOMATO PARMESAN | WF
- 15 | CHICKEN WILD RICE | WF
- 16 | SPINACH COCONUT | V & WF
- 17 | PERUVIAN QUINOA | V & WF
- 18 | CURRIED SWEET POTATO SOUP & LENTILS | V & WF
- 19 | CHEF'S CHOICE
- 20 | GINGER CHICKEN NOODLE
- 21 | SPINACH LENTIL | V
- 22 | INDIAN VEGETABLE | WF
- 23 | CHICKEN & POTATO
- 24 | BROCCOLI CHEDDAR CHEESE | WF
- 25 | RED LENTIL & COCONUT CURRY | V & WF
- 26 | CHEF'S CHOICE
- 27 | GINGER CHICKEN NOODLE
- 28 | MUSHROOM MISO SOUP | V & WF
- 29 | GOLDEN SPLIT PEA | V & WF
- 30 | CHICKEN WILD RICE | WF
- 31 | CARROT WITH CARAMELIZED ONION

**MAMA'S VEGGIE CHILI SERVED DAILY**



WF = wheat-free | V = vegan

Our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn & wheat. While we adhere to good safety & cleanliness practices that help to ensure ingredients do not cross-contaminate other items, we cannot guarantee it.